

Creating Optimum Life Choices

The Delicate Balance

with Suzie Daggett and Nancy G. Shapiro

How and why do you make life-affirming choices?

Does your heart lead the way or do your thoughts determine your destiny?

What changes when you're in tune with your Intuitive Voice?

Is balance possible?

Come play, laugh, learn and balance with us!



In this interactive forum, Suzie will facilitate a discussion on:

1. The Intuitive Process – 4 Components to Living Intuitively
2. Introducing Clare & Posey - how to determine who is talking
3. Why inner listening leads to ease and grace

Nancy will facilitate an embodied deepening to:

1. Name and get to know your inner personalities
2. Recognize how you hear, feel, see or know your Intuitive Voice



Nancy is the author of *Tilting Toward Chaos: Finding Calm in the Midst of Change*. As a coach, writer, and Advocate of Calm in the face of transitions, she shares tools and practices that bring about the spirited Calm of clarity, compassion, and choice. nancygshapiro.com

Suzie, The Intuitive Mentor, is the author of *PEARLS~ 52 Contemplative Insights*. A writer and consultant, she speaks about everyday soul human interactions and the Intuitive Process to elevate and enliven our life experiences.

dearsource.com

Thursday, August 21 6:30 – 8:30 pm

Adi Shakti Center – 6717 Valmont Rd. Boulder 80301

\$18 online (www.dearsource.com) / \$20 at the door Please bring a notebook or journal and a pen.